

African Powerlifting Federation Record Certificate

This is to certify that

Nezar Ballil

Of the nation

Morocco

On the 27th day of May 2023
achieved a Bench Press of 190kg in accordance
with the rules of the
International Powerlifting Federation
at the 2023 World Classic and Equipped Bench Press Championships
in Sun City, South Africa

This constitutes an African Record
in the -105kg weight division, Classic Men's Master 1 Bench Press Only
class.

Dated this 27th day of May 2023



APF President, Kamel Nedjah



APF Record Keeper, Heather Leighton

